

# Kimball County, Nebraska

Kimball Area Tourism

Volume 23

Photos by Jessica Rocha



## 2021 NEBRASKA PASSPORT STOPS

The 2021 Nebraska Passport Stops have been released! The themes for the 70 stops include Visual Treats, Parking Spots, Aroma Therapy, Now Hear This, Growth Opportunities, Grub & Cuisine, Shoptimum Values, Childish Things, Branching Out, and Time Travel.

The passport program runs from May 1<sup>st</sup> to September 30<sup>th</sup>, so you have plenty of time to spend throughout the state visiting each stop. There are a variety of stops throughout the Panhandle, including Potter, Gering, Scottsbluff, Bayard, Sidney, Alliance, Crawford, and Chadron. To see the entire list of stops or to order a passport, check out [www.nebraskapassort.com](http://www.nebraskapassort.com)!

## WESTERN NEBRASKA DEVELOPMENT NETWORK

This past month, I was able to take part in a scavenger hunt downtown Scottsbluff thanks to the Western Nebraska Development Network group. We enjoyed finding lots of hidden gems along Broadway. I hadn't been shopping there in some time, and I didn't realize everything they had to offer! I highly recommend spending a day shopping locally as well as getting some good food and beverages. We ate lunch at 16<sup>th</sup> Empire and it was delicious!!

During the luncheon, we were honored to see Starr Lehl presented with the Professional of the Year Award from the Nebraska Economic Developers Association. Starr is currently the Economic Development Director in Scottsbluff but has played an influential role in the Panhandle for many years, including sitting on the Gering City Council, being mayor of Gering, and now serving a second term in District 11 (the entire Panhandle) on the Nebraska Tourism Commission. She is an incredible asset to this area and we thank her for her dedication to others in the industry!



After the scavenger hunt and luncheon, we toured Western Farms Seed, LLC. One of the things they are specializing in is CBD oil and products. It was interesting to see the production rooms and learn more about how CBD can help people with chronic pain management.

*You can see more photos from the day in the "Photos from the Surrounding Area" section.*

## NEBRASKA LIFE

If you haven't seen it already, the latest Nebraska Life magazine had an article about tours in Kimball and Banner County! The March/April issue showed readers that this area has unique tours offered that include hand-feeding buffalo and learning about the historical significance of the short grass prairie.

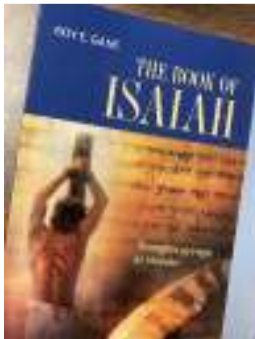


Rocky Hollow Buffalo Company, found just north of Kimball into Banner County, gives you the opportunity to get up close and personal with enormous buffalo, as well as learn how the Forepaugh's run the operation.

Shaun Evertson, with the EJE Ranch south of Kimball, gives short grass prairie presentations as well as wildflower tours and ground nesting birding tours. It is fascinating to get a history on how the prairie came to be what it is today and to see all the beauty that survives and thrives in our Great American Desert.

## WONDERFUL VISITORS!

Visitor numbers are finally on the rise at the Visitor Center! We are excited to see more people out and about and are really looking forward to the summer season.



A sweet couple (both are professors in Michigan) dropped by this past month and were so kind to give us a book that he wrote! Once I finish reading it, they offered to have it placed on the free books/magazines rack, so keep an eye out for the signed copy of "The Book of Isaiah" by Roy E. Gane.

We also had a group from Miami stop in. They had been vacationing in Colorado and decided to check off a couple more states while they were waiting on a flight home. We love that Kimball is the place people stop when they are visiting our state for the first time! I know that the friendliness of the people in our community help make the stop enjoyable and we always hope that it encourages visitors to come back to visit again.



We have also continued to see lots of our regular visitors, which is always a nice surprise. We are blessed to have people who stop in to check on us!

## PHOTOS FROM THE SURROUNDING AREA



These are just a couple of the murals downtown Scottsbluff – always fun to find art!!





The Midwest Theater – Tossed & Found Antiques – Studio B



Tinctures are some of the products for sale at Agri-Leaf that use CBD oil. The next photos show plants still in the growing process and then in the drying process.

**INTRO TO CBD:**

Cannabidiol (CBD) is a chemical compound derived from the hemp plant. It is one of over 85 unique compounds found in hemp, called cannabinoids. Cannabinoids, which can be either consumed (phytocannabinoids) or produced naturally by the body (endocannabinoids), are chemical compounds that interact with the body's central regulatory system (the endocannabinoid system). This system is known to manage homeostasis and affect bodily processes such as appetite, mood and sleep.

Similar to how we use vitamin C to kick start our immune system, CBD acts as a kick starter to help the functions of the body's central regulatory system.

**DIFFERENT TYPES OF CBD PRODUCTS**

**TINCTURES**  
Tinctures are the most common form of CBD delivery on the market. They are most by placing a small amount of the oil under the tongue and leaving it there for at least 30 seconds. This is the most effective delivery method to experience the whole body benefits of CBD.

**TOPICALS**  
CBD is often placed in topicals used on the skin. It is not as effective as the innumeral at delivering the benefits of CBD throughout the body, but works well for localized issues such as joint pain or skin issues.

**CAPSULES/GUMMIES**  
Capsules and gummies can be an easy and efficient way to ingest a daily dose of CBD. A small amount of the CBD could be lost during digestion, but the remainder will enter the body's endocannabinoid system.

**SMOKABLES/VAPES**  
Smokable CBD is available in the form of a dried hemp bud. Vaping cartridges are available as well. They are used in conjunction with a vaping pen or device.

2049 Ave. B  
Spartanburg, SC 29301  
(803) 533-0000  
or visit www.agri-leaf.com

**Agri-Leaf**

**FREQUENTLY ASKED QUESTIONS**

**What is the difference between Hemp and Marijuana?**

- Hemp and Marijuana both come from the Cannabis family, but they are very different in composition. While hemp only contains less than 0.3% THC, and much more CBD, Marijuana contains much higher levels of the active CBD. Although they are both cannabinoids, it is the hemp plant CBD (because of the presence of less than 0.3% THC).

**What is the difference between CBD Oil and Hemp Seed Oil?**

- Hemp Seed Oil is derived from the hemp seed, and is mostly used for dietary purposes (though it's used for similar purposes and benefits). Hemp seed oil can also be used in therapeutic products, as they have soothing and anti-inflammatory CBD. Hemp oil is not the same thing as hemp seed oil, as it is much more potent (though they can be used together to maximize their benefits).

**How much CBD should I take?**

- We have found that each individual is different, and reactions to CBD will vary. We suggest you start with a low dose and increase it as needed for your goals. For more information on CBD, visit our website at any time.

These are photos of Agri-Leaf brochures – you can see more info at their website [www.agri-leaf.com](http://www.agri-leaf.com).

## UPCOMING AREA EVENTS:

### April: (due to COVID-19, some of the following events may be postponed or cancelled)

- 1st – Kimball, NE – Opening day at Four Winds Golf Course
- 2nd-4th – Scottsbluff, NE – Easter Egg Weekend at the Zoo at Riverside Discovery Center
- 3rd – Bushnell, NE – Easter Egg Hunt at Hammond Park @ 2pm
- 3rd – Kimball, NE – Kimball Easter Egg Hunt at Gotte Park @ 11 am
- 3rd – North Platte, NE – 2021 Tanking Race at Buffalo Bill State Rec Area
- 4th – Easter
- 5th – Gering, NE – “Sunset Lake” Paint and Sip at Oregon Trail Lounge
- 6th – online – Bird Sightings and Sounds of Spring with Lincoln City Nature Challenge
- 9th-11th – Kimball, NE – “Wonder Woman 1984” at the Goodhand Theatre
- 10th – Sidney, NE – Sidney Shooting Park Rocky Mtn Oyster Dinner/Fundraiser
- 13th – online – Finding Fungi and other Fun Forms with Lincoln City Nature Challenge
- 14th-30th – Nebraska – Lyrids Meteor Shower (peaking on April 22-23)
- 17th – Kimball, NE – Kimball Hospital Foundation’s Casino Night at the Sagebrush
- 17th – Pine Bluffs, WY – Yoga & Cocktails at Pine Bluffs Distilling
- 18th – online – Backyard Biodiversity! With Lincoln City Nature Challenge
- 19th – May 28th – Nebraska – Eta Aquarids Meteor Shower (peaking May 6-7)
- 22nd – Gering, NE – “Union Bar” Wine Tasting & Sip n’ Paint
- 23rd-25th – Kimball, NE – “The World’s Fastest Indian” at the Goodhand Theatre
- 27th – Nebraska – Supermoon visible!

### May: (due to COVID-19, some of the following events may be postponed or cancelled)

- 1st – Nebraska – 2021 Nebraska Passport program begins
- 2nd-8th – National Travel & Tourism Week
- 8th – Sidney, NE – Sidney High School’s Food Truck Festival
- 9th – Mother’s Day
- 29th – Bayard, NE – Heirloom Market Spring Market

### June: (due to COVID-19, some of the following events may be postponed or cancelled)

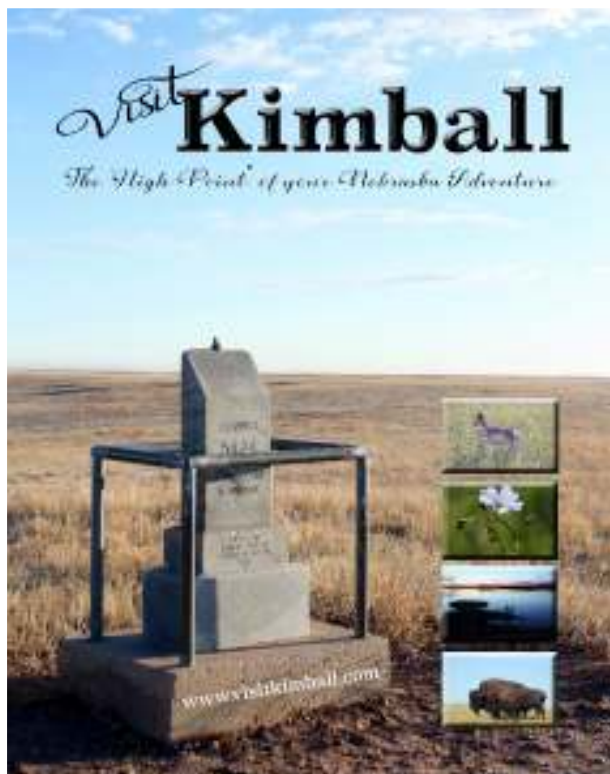
- 4th-5th – Chadron, NE – Chadron Home, Sports, & Travel Expo
- 11th – Scottsbluff, NE – Buckcherry performs at Shots Bar & Grill
- 12th – Kimball, NE – 12th Annual Kimball Ranch Rodeo
- 25th – North Platte, NE – NebraskaLand Days
- 25th-26th – Potter, NE – Potter Car Bowl

## THE GOODHAND THEATER PRESENTS:





BE ON THE LOOKOUT FOR A NEW TRAVEL GUIDE FROM KIMBALL AREA TOURISM!



Our gift shop is open and full of amazing locally-made items for that perfect gift for the hard to shop for person!! We also have great Nebraska souvenirs!



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*We are still welcoming donations to Kimball Area Tourism to assist in keeping our Visitor Center open and helping with new projects.*

*We are currently working towards getting a trail made from the main road to the Tri-State Marker where Nebraska, Wyoming, and Colorado meet. Anything helps! Thank you!*

*Please contact Jessica for more information on how to donate.*

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**Please check out our Facebook page to see more events. [www.facebook.com/KimballCountyVisitorCenter](http://www.facebook.com/KimballCountyVisitorCenter)**

**You can also look at our website to get more information about Kimball County: [www.visitkimball.com](http://www.visitkimball.com)**

**Come visit us!! 204 S Kimball Blvd, Kimball, NE 69145 ~ Exit 20 off of I-80**

**Give us a call at 308-241-0573 if you have any questions.**

**#highpointofnebraska #highpointwelcomecenter #kimballcountyvisitorcenter**